### What if I don't have a healthcare provider?

We can help you with that! Call 541-706-6729 and ask to speak with the cancer screening coordinator.

### How will I get the results of my screening?

One of our physicians will carefully analyze your images and provide a report to your primary care physician. Your physician will then be able to discuss the results with you.

## "If fully implemented, screening can save 20,000 lives a year"

U.S. Preventive Services Task Force

For more information, go to:

StCharlesHealthCare.org/LungScreening



# **Lung Cancer Screening Program**

Lung cancer is the leading cause of cancer death in the United States, and if diagnosed early, it is much easier to treat.

### St. Charles Thoracic Surgery









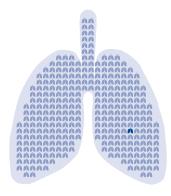
A DEPARTMENT OF ST. CHARLES BEND

StCharlesHealthCare.org



### LDCT is one of the most effective cancer screenings.

### **ONE LIFE IS SAVED**



### **FOR EVERY 320 SCREENED.**

In comparison, mammography saves one life for every 1,500 screened.

### What are the benefits versus the risks of screening?

#### **Benefits:**

- Farlier detection of cancer
- Higher success of treatment
- Reduce risk of dying from cancer

#### Risks:

- Radiation exposure: Low-dose CT (LDCT) lung screening uses a small amount of radiation to create images of your lung.
- False positives/additional testing: LDCT lung screening may find abnormalities that may require additional tests or procedures
- False negatives: No test is perfect. It is possible that you may have a medical condition, including lung cancer that is not found during your exam. This is called a false negative.

### St. Charles' program approach

St. Charles Cancer Center is taking a proactive approach to lung cancer in our community by launching a new lung cancer screening program designed to help detect the disease in its early stages and save lives.

### **Program details**

- O. How often do I need to be screened?
  - A. The program offers an annual screening. This does not include any follow-up nonscreening exam that may be recommended in-between the annual screening.
- Q. What if follow-up is recommended?
  - **A.** The results will be given to your primary care provider who will review them with you and determine a follow-up plan.
- Q. Can I refer friends or family?
  - **A.** We encourage anybody who is interested and meets the eligibility criteria to contact their physicians for more information.
- O. How much does it cost?
  - **A.** The screening is free of charge thanks to the partnership between St. Charles and Central Oregon Radiology Associates.

### Who should be screened?

People who are at increased risk for developing lung cancer:

- Age 55 to 74
- Current smoker or quit less than 15 years ago
- 30 or greater pack year history (pack year = number of packs a day X number of years)

### How do I schedule?

Contact your healthcare provider for information on scheduling this important appointment.