The Ultimate Hands-On Wound Care Clinical Lab

Bend, OR

St. Charles Health System
September 6 or 7, 2018

**Seminar Information**

- **Registration:** 7:30am
- **Start Time:** 8:00am
- **Lunch:** 11:50am - 1:00pm (snacks and lunch provided by Bend PNCC)
- **End Time:** 4:00pm
- **Location:** St. Charles Bend
  - 2500 NE Neff Road, Bend, OR 97701
  - Conference Rooms A & B
- **Tuition:** Free to Bend ONA RNs - $79 for all others

**Registration Information:**
- Register between June 7 and August 20th for either September 6th or 7th
- This class will fill up quickly. Maximum: 45 registrants per day
- Bend ONA nurses: register using Elsevier
- All others: register on Caregivernet SharePoint.
  Under Useful Links, select Clinical Education Class Registration,
  then Ultimate Hands-on Wound Care Clinical Lab
- For questions call Alison Evans 541-706-6799

**Objectives**

1. Distinguish at least 6 tissue types found in chronic wounds.
2. Identify and differentiate at least 4 wound etiologies.
3. Compare and contrast 6 terms used to document peri-wound status.
4. Demonstrate accurate measurement and documentation of wounds, tunneling and undermining, according to the clock method, using a wound teaching model.
5. Identify and categorize at least 7 dressing types, including the indications for use, precautions and contraindications.
6. Develop an appropriate dressing/treatment protocol for a wound, based upon exudate, wound status, and products discussed.

**Speaker M. Dolores Farrer, DPM, MBA, CWS,**

is a surgically trained podiatrist involved in lower extremity wound care for over 23 years. She is board certified by the American Board of Wound Management for over 13 years.

For the past 8 years, Dr. Farrer has worked at the DORN VA Hospital in Columbia, SC providing our nation’s heroes with a comprehensive multi-specialty wound care program that has resulted in above average healing rates and decreased amputation rates. She is also Primary Investigator involved in several research projects on new technologies in wound care products.

Dr. Farrer has experience in private practice, hospital out-patient wound clinics, and nursing homes. She has spoken nationally and enjoys sharing her knowledge and experience as a wound care expert in an interactive and energetic fashion that will keep you engaged. She is a graduate of the Ohio College of Podiatric Medicine and obtained her MBA in her home town of New Orleans, LA.

Disclosures:

- Financial: M. Dolores Farrer has an employment relationship with DORN VA Hospital. She receives a speaking honorarium from PESI, Inc.
- Non-financial: M. Dolores Farrer has no relevant non-financial relationships to disclose.
### Program Outline

#### Wound Bed Tissue Types: Presentation & Treatment

<table>
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<tr>
<th>Epithelial Tissue</th>
<th>Granulation Tissue</th>
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<tr>
<td>Healthy Granulation</td>
<td>Hypergranulation</td>
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<th>Fibrin</th>
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<td>Scaffolding for granulation</td>
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<td>Characteristics of presentation</td>
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Necrotic—When to remove, when to leave alone

- Slough—Devitalized, must be debrided
- Eschar—Devitalized
- Dry Gangrene—Necrosis/Tissue Demise

#### Wound Margin Issues and Strategies

- Epiboly—Rolled Edges
- Hyperkeratotic—Dry, Calloused Edges
- Jagged
- Epithelialization
- Peri-Wound Issues
  - Macerated
  - Desiccated
  - Erythema
  - Indurated
  - Atrophic/Fibrotic
  - Fluctuant

#### Characteristics of Common Wounds

- Phases of Healing
- Etiology, Appearance, Location, Exudates
  - Arterial Insufficiency
  - Venous Insufficiency
  - Diabetic/Neurogenic
  - Pressure Ulcers - Demystifying Staging
  - Skin Tears

#### Hands-On Clinical Lab

Using the latest in wound care model technology, participate in skill-based exercises in:
- Wound staging
- Tissue type identification
- Proper measuring techniques
- Tunneling/Undermining
- Wound care product awareness and application

#### Wound Care Products

- Characteristics of Each Dressing Category
  - Hydrogel, Hydrocolloid, Collagen
  - Calcium Alginate/Hydrofiber
  - Silver products, Foam, Honey
  - Multi-layer compression
  - Gauze/Composite
  - Exudate determines dressing

#### Strategies to Select Primary Dressings for:

- Dry/Minimally Draining Wounds
  - Hydrogel
  - Oil emulsions
  - Ringer’s Lactate impregnated
  - Combinations
- Moderate/Heavy/Copious drainage
  - Alginites/Hydrofibers
  - Topical Medications
- Critically Colonized/Infected Wounds
  - Silver Dressings
  - Silver Alginates/Hydrofibers, Hydrogels and Collagens
  - Antimicrobial impregnated dressings
  - Enzymatic debriders
  - Cleansing agents and other topicals
- Proper Application and Cost Considerations
- Alternative Options and Substitutions

### Target Audience:

- Nurses • Nurse Practitioners • Nurse Educators • Physician Assistants • Physical Therapists • Physical Therapists
- Nursing Home Administrators • Occupational Therapists • Occupational Therapy Assistants

### Continuing Education Credits

**NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

**NURSING HOME ADMINISTRATORS:** This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Occupational Therapy Process. Partial attendance will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:** This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**PHYSICIAN ASSISTANTS:** This program has been reviewed and is approved for a maximum of 6.25 hours of clinical Category 1 CME credit by the American Academy of Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA’s CME Standards for Live Programs and for Commercial Support of Live Programs.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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