Grand Rounds
Fridays from 7:00 am – 8:00 St. Charles Bend, Classrooms A-D
and broadcast live via videoconference to Madras, Prineville, Redmond, Burns, John Day and Lakeview

April 4, 2014
“Caring for the Medical Patient with Acute Opiate Withdrawal”
Richard Ries, MD, Professor of Psychiatry; Director, Division of Addictions University of Washington and Harborview Medical Center
Objectives: 1) Review the US national epidemic of opioid prescription medication use, dependence and accidental overdose deaths. 2) Review methods of opioid withdrawal in hospitalized patients. 3) Review and understand medications helpful for treatment of opioid dependency as outpatients. *(+ is pending)*

April 11, 2014
“A Clinician’s Guide to Parkinson’s”
John Nutt, MD, Depts of Neurology and Physiology & Pharmacology, Oregon Health & Science University
Objectives: 1) Understand how to diagnose Parkinson’s disease and differentiate it from some other common disorders. 2) Recognize the many non-motor symptoms of Parkinson’s disease. 3) Know the basics of management every physician, not just the neurologist, should be familiar with. 3) List local resources for patient education and advocacy. *(+ is pending)*

April 18, 2014
“The Neuroscience of Integrative Body-Mind Training”
Michael Posner, PhD Professor Emeritus, Department of Psychology, University of Oregon; Adjunct Professor, Weill Medical College in New York (Sackler Institute)
Objectives: Using recent research data, explore the link between integrative body-mind training and neural mechanisms for conscious control of behavior (e.g., smoking cessation). *(+ is pending)*

April 25, 2014
“Headaches: Novel Approaches to Diagnosis and Treatment”
Stephen Ireland, MD, Neurology of Bend
Objectives: Recognize the spectrum of benign recurring headaches and apply various approaches to treatment. *(+ is pending)*

May 2, 2014
“Common Herbal Medical Pitfalls”
Cyrus Rangun, MD FAAP, Assistant Medical Director, California Poison Control System, Los Angeles; Director, Los Angeles Medical Toxicology Education Program; Peds Hospitalist, Valley Presbyterian Hospital, Van Nuys, CA
Objectives: 1) Classify common herbal medications. 2) Recite the physician’s role in the federal laws that monitor adverse events to OTC drugs and herbal supplements. 3) Assess the use and misuse of common herbal medications outlining the various side effects and/or drug efficacy. 4) Compare the different cultures’ unique levels of acceptance of herbal treatment. *(+ is pending)*

May 9, 2014
“Navigating Difficult Conversations with Patients and Families”
Daniel O'Connell, PhD Clinical Psychologist, University of Washington; Consultant to the Institute for Healthcare Communication; Faculty, Foundation for Medical Excellence
Objectives: 1) Describe the attitudes and demeanors of clinicians who manage difficult conversations well. 2) Understand and diagnose how different pictures of what is possible through treatment (success), specific unrecognized expectations for diagnostic and treatment options and insufficient flexibility on the part of the clinician can all trigger and exacerbate conflict with patient and family. 3) Describe and demonstrate the ADOBE Model for turning around difficult interactions with patients and families. *(+ is pending)*

May 16, 2014 TRAUMA CME
“Updates in the Initial Treatment of Traumatic Brain Injury”
Kent Yundt, MD, Neurosurgery, NW Brain and Spine 
Objectives: 1) Discuss the cerebral physiology and pathophysiology (the brain’s response to traumatic injury). 2) Present a literature review of current guidelines for the treatment of traumatic brain injury, including an algorithmic approach for initial management of traumatic brain injury. *(+ is pending)*

May 23, 2014 No Grand Rounds Memorial Day weekend

May 30, 2014 TRAUMA CME
“Management of Traumatic Brain Injury: coordinating care across all specialties”
PANEL: Viviane Ugalde, MD, Chief of Rehabilitation & Physical Medicine Division; Megan Gleason, Physical Therapist, Inpatient Rehab; Emily Lapore, Speech Language Pathologist, Inpatient Rehab; Matthew Witts, Occupational Therapist, Acute Rehab
Objectives: 1) Discuss best practices for managing the traumatic brain injury (TBI) patient through the continuum of care (from the ICU, acute care, and inpatient rehabilitation). 2) Utilize different means of bridging communication gaps to improve the care of the TBI patient. 3) Based on cognitive scales, discuss proper ways for the medical team to communicate and interact with the TBI patient and their family in the acute inpatient rehab setting. 4) Discuss prevention strategies and list local resources. *(+ is pending)*
Grand Rounds

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June 6, 2014
“Management of Pediatric Respiratory Emergencies”
James Andrus, MD, Pediatric Critical Care, St. Rose Dominican Hospitals - Rose de Lima Campus, Henderson, NV

Objectives: 1) Identify etiologies associated with airway distress with an emphasis on asthmatic emergencies. 2) Appropriately assess the pediatric patient experiencing an asthmatic emergency. 3) Discuss guidelines for consultation, and transfer to the ICU. 4) Discuss telehealth resources and when it should be activated. 5) List preventative strategies or pediatric asthma that will reduce preventable admissions.

June 13, 2014
“Management of Thyroid Nodules and Thyroid Cancer”
Mira Milias, MD, FACS, Professor and Director of Endocrine Surgery, Dept of Surgery, OHSU

Objectives: 1) Discuss new guidelines about best options for thyroid imaging and indications for thyroid ultrasound and FNA. 2) Discuss innovations for the indeterminate thyroid biopsy and now molecular markers are changing patient care. 3) Discuss screening for Cowden’s and other hereditary thyroid cancer syndromes in every day practice. 4) Discuss outcomes for robotic thyroid surgery. 5) Discuss the prevalence, significance, diagnosis and management of thyroid incidentaloma.

June 20, 2014
“An Integrative Approach to Pain Management”
Mary Ann Iyer, MD, MA, Internist, author, former medical director for the Division of Integrative Medicine for Samaritan Health Services, Corvallis, and Scott Safford, PhD, Licensed Psychologist, Behavioral Health Consultant, St. Charles Family Care

Objectives: 1) Review the elements of the pain syndrome, to include the impact of psychological components on physiology. 2) Have at hand a ready method to evaluate ameliorating or exacerbating elements of the pain picture in her/his patient. 3) Learn basic mindfulness techniques that make the life, work and role of the clinician easier and more focused.

June 27, 2014
“Polypharmacy and Patient Safety: Addressing a National Issue”
Kristy Butler, PharmD, BCPS, BCACP, FASHP, Manager, Clinical Pharmacists, Clinical Pharmacy Department Providence Medical Group

Objectives: 1) Discuss the concept of polypharmacy and potential drug-drug interactions, particularly in high risk, high cost, complex patients. 2) List prescribing practices that help reduce the risk of an adverse drug event in older adults. 3) Discuss the concept of integrating clinical pharmacy services into the care and management of high risk, high-cost, complex patients.

Clinical Conferences
- Cancer Clinical Conference (Tumor Board) Each Wednesday at 7:00 am CR C&D St. Charles Bend, live broadcast to Redmond, Prineville
- Cardiac Clinical Conference (STEMI: Hospital ED Door to Reperfusion) 2nd Tuesday, 7:00 am, Classroom C&D St. Charles Bend, live broadcast to Madras, Prineville, Redmond, Burns, John Day, Lakeview
- Endocrinology Conference June 17 (Quarterly 3rd Tuesday) at 7:00 am Classroom A St. Charles Bend
- Hematology Conference 2nd Monday, at 5:30 pm location varies St. Charles Bend
- Multidisciplinary Breast Conference Each Thursday at 7:00 am Classroom C&D St. Charles Bend, live broadcast to Redmond, Prineville
- Neuroradiology Conference 4th Thursday, at 7:00 am location varies St. Charles Bend

Other CME
- May 1-2, 2014 “Ethics, Difficult Conversations and Palliative Care: 24th Annual Statewide Conference” The Riverhouse Conference Center — (accreditation through OHSU). Link to brochure through the Physician Launchpad or www.stcharleshealthcare.org, “Professionals / Continuing Medical Education / Events”
- May 9, 2014 Seminar for Physicians: “Successful Negotiations in Difficult Situations” (8:30am-10:30) And Physician Lunch Lecture: “Communication and Difficult Conversations from a Change Management Perspective” (12:00-1:00). See flyer on Physician Launchpad and at www.stcharleshealthcare.org under “Professionals / Continuing Medical Education / Events”
- ACLS Courses and PALS Courses Kasey Gross, AHA Training Coord. (go to www.stcharleshealthcare.org, “Professionals / Clinical Certification Classes”
- Internet Point of Care CME - (Call CME office for detail)
- OHSU Psychiatry Grand Rounds via live videoconference 1st, 3rd and 4th Tuesdays at 12:00 pm. St. Charles Bend, classrooms vary. See topic details at www.ohsu.edu and search “Psychiatry Grand Rounds”

Questions regarding CME or Clerkship Program?
Call Tracy Parmele, BA, CPMSM 541.706.2605 or email tparmele@stcharleshealthcare.org
Miss a Grand Rounds? From the Physician Launchpad, link to Archived Grand Rounds. Or from www.stcharleshealthcare.org, Click on tab, “For Professionals”, then “Continuing Medical Education/Grand Rounds Archive”